Successful Supervision in Stressful Times





2012 Two-Day Supervisory Workshops

February 15 & 16: 8:30am – 4:30pm: Sacramento, CA Sacramento, Cal/EPA Building, Klamath Room, 2nd Floor, 1001 I Street, Sacramento 95814

March 21 & 22 8:30am – 4:30pm: San Diego, CA San Diego Regional Board Office, 9174 Sky Park Court, Suite 100, San Diego, CA 92123-4353

Based on the recent Academy survey many Water Boards Supervisors completed, this is an initial offering of Supervisory training topics:

Conquering Supervisory Stress and Burnout Resilience Training for Supervisors Qualities of Effective Supervision How to Supervise Multi-Generational Teams Coaching and Developing Others

Participants will be divided into breakout groups for in-depth experience sharing on the topics covered. Each day will begin and end with large group discussions concluding with a "what's next" discussion for future Supervisory training for Water Boards's Supervisors.

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Today, Water Boards Supervisors and staff are expected to work harder, faster and smarter than ever before. The supervisory support supervisors give our staff can determine whether they cope with these demands or buckle under them. The good old days of stable jobs, ample manpower and consistency in the workplace are gone. This leaves many Supervisors and staff feeling stressed, distracted, out of the loop and battling a current of constant change. The right approach and skills in an organization's supervisors often makes the difference between a workforce that is vital and effective or one that is demoralized or out sick all the time.

This training will provide information and tools to help Water Board Supervisors prevail no matter what current changes or future challenges they face in the work place. Please consider investing in your supervisory abilities and your self-assurance, register for Successful Supervision in Stressful Times today!

Register Online at:

http://www.trainingforce.com/5/lp/gowater.aspx?ot=8&otid=399

Questions: Please contact Barbara Andersen at (916) 341-5519 or banderse@waterboards.ca.gov.

